

Woods

Psychological Services, LLC

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LICENSURE & CERTIFICATIONS

Health Service Provider in Psychology (HSPP) Indiana License #20042605A	08/12 – Present
Perinatal Mental Health Certification (PMH-C) Postpartum Support International (PSI)	06/22 – Present

EDUCATION

The Chicago School of Professional Psychology Clinical Doctor of Psychology, awarded September 2011 Master of Arts, awarded August 2008 APA-Accredited Program Cumulative GPA 3.99 (non-weighted)	08/06 – 09/11 Chicago, IL
University of Evansville Bachelor of Science in Psychology, Summa Cum Laude Pre-Social Work & Business Administration Minors Major GPA 4.00 (non-weighted), Cumulative GPA 3.90 (non-weighted) Honors Program Trustee Scholar Dean's List Eight Terms	08/02 – 05/06 Evansville, IN
Harlaxton College Study Abroad Program	08/03 – 12/03 Grantham, England

CLINICAL EXPERIENCE & TRAINING

Senior Psychologist Staff Psychologist Cummins Behavioral Health Systems, Inc.	1/21 – Present 10/17 – 12/20 Avon, IN
Owner & Licensed Clinical Psychologist Woods Psychological Services, LLC	05/17 – Present Indianapolis, IN

Director of Psychology MHP Psychology, A Division of Major Health Partners	08/13 – 08/17 Shelbyville, IN
Licensed Clinical Psychologist Post-Doctoral Psychologist Meridian Psychological Associates, P.C.	09/12 – 08/13 09/11 – 08/12 Indianapolis, IN
Pre-Doctoral Psychology Intern Indiana University, Counseling & Psychological Services (CAPS) and Sexual Assault Crisis Service (SACS)	08/10 – 08/11 Bloomington, IN
Advanced Therapy Extern DePaul University Counseling Services	09/09 – 06/10 Chicago, IL
Therapy Extern Gateway Foundation	08/08 – 06/09 Chicago, IL
Diagnostic Extern Hartgrove Hospital	07/07 – 06/08 Chicago, IL

PROFESSIONAL MEMBERSHIPS

EMDR International Association (EMDRIA)
Indiana Psychological Association (IPA)
Indiana Society for Psychoanalytic Thought (ISPT), Indiana Chapter of Division 39
(Psychoanalysis & Psychoanalytic Psychotherapy) of the American Psychological
Association (APA)
Postpartum Support International (PSI)

LEADERSHIP EXPERIENCE

Governmental Affairs Committee Member	01/23 – Present
Past President	01/22 – Present
Ex Officio Board Member	01/18 – 12/22
President	1/21 – 12/21
President Elect	01/20 – 12/20
Membership & Networking Chair	01/20 – 12/20
Practice Committee Chair	01/18 – 12/19
Early Career Psychologist Coordinator & Subgroup Manager	01/16 – 12/17
Practice Committee Member & Supervision Subgroup Manager Indiana Psychological Association (IPA)	06/14 – 12/17 Indianapolis, IN
Past President	09/20 – Present
President	09/18 – 09/20
President Elect Indiana Society for Psychoanalytic Thought (ISPT), Indiana Chapter of	09/16 – 09/18 Indianapolis, IN

Division 39 (Psychoanalysis & Psychoanalytic Psychotherapy) of the
American Psychological Association (APA)

HONORS & AWARDS

Distinguished Contribution by an Early Career Psychologist (2018), Indiana Psychological Association
Initiative Award (2017), Committee on Early Career Psychologists (CECP), APA Division 31 (State, Provincial, & Territorial Affairs)
Sherry S. Tilley Zeta Is Forever Award (2015), Province XIV-A of Zeta Tau Alpha Alumnae
ZTA "Ultra" Violet Award (2015), Province XIV-A of Zeta Tau Alpha Alumnae
Zeta Lady Award (2012), Province XIV-A of Zeta Tau Alpha Alumnae
Psi Chi, National Honor Society in Psychology
Order of Omega, International Greek Leadership Honor Society
Rho Lambda, National Sorority Leadership Recognition Society

TEACHING, ACADEMIC, & RESEARCH EXPERIENCE

Adjunct Faculty, Clinical Mental Health Counseling M.A. Program Christian Theological Seminary	09/15 – 12/19 Indianapolis, IN
Clinical Asst. Professor (Honorary), College of Osteopathic Med. Marian University	11/16 – 10/17 Indianapolis, IN
Adjunct Faculty, School of Psychological Sciences, Psy.D. Program University of Indianapolis	08/11 – 08/12 Indianapolis, IN
Teaching Assistant, Clinical Psy.D. Department The Chicago School of Professional Psychology	09/07 – 12/08, 09/09 – 05/10 Chicago, IL
Researcher, Clinical Services Department The Chicago School of Professional Psychology	01/09 – 12/09 Chicago, IL
Faculty Assistant, Clinical Psy.D. Department The Chicago School of Professional Psychology	08/08 – 08/09 Chicago, IL
Teaching Assistant, Experimental Psychology University of Evansville	08/05 – 12/05 Evansville, IN
Undergraduate Student Extern Henderson Police Department	08/05 – 12/05 Henderson, KY
Research Assistant, Clinical Psychology Department University of Kentucky	07/05 – 08/05 Lexington, KY

RESEARCH & PROFESSIONAL PRESENTATIONS

Woods, A.C.K. (April, 2020). *Facilitating communication in family therapy*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (April, 2020; April, 2019). *Play therapy for trauma: Fostering emotional wellness and attachment*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (April, 2020). *Virtual treatment with kids: A demonstration role play*, presented to therapists and life skills trainers at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (March, 2020; October, 2018). *Intro to play therapy*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (March, 2020). *Neurobiology of child development*, presented to therapists and life skills trainers at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (June, 2019). *Evidenced-based interventions for insomnia*, presented to medical services' providers at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (March, 2019). *Fostering resiliency and development in play therapy*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (December, 2018). *Facilitating communication in play therapy*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (November, 2018; May, 2018). *Mindfulness and self-compassion skills for depression and anxiety*, presented to skills trainers and therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (October, 2018). *How to use Adler's four goals of misbehavior*, presented to skills trainers and therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (September, 2018; March, 2018). *Introduction to couples' therapy using imago principles and techniques*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (September, 2018). *Self-disclosure in psychoanalytic psychotherapy: A moderated discussion of Waska's 1999 paper*, presented to mental health clinicians, psychologists, and psychoanalysts at Christian Theological Seminary's Counseling Center, Indianapolis, IN.

Woods, A.C.K. (August, 2018; February, 2018). *Skills for behavioral pain management*, presented to skills trainers and therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

White, A.V., & Woods, A.C.K. (July, 2018). *Responding to trauma: Helping others heal*, presented to hospital staff and community members at Witham Hospital, Lebanon, IN.

Woods, A.C.K. (June, 2018). *Differential diagnosis using the DSM-5*, presented to therapists at Cummins Behavioral Health Services, Inc., Lebanon, IN.

Woods, A.C.K. (June, 2018). *Time-limited existential therapy*, presented to therapists at Cummins Behavioral Health Services, Inc., Avon, IN (virtual).

Woods, A.C.K. (April, 2018). *Trauma informed care*, presented to peer recovery specialists at Cummins Behavioral Health Services, Inc., Avon, IN.

Woods, A.C.K. (November, 2017). *Early memories as an assessment method*, presented at the annual Fall Conference of the Indiana Psychological Association (IPA), Indianapolis, IN.

Woods, A.C.K. & Schmidt, C. (October, 2016; August, 2016). *Living well with chronic pain*, presented to patients with chronic pain with Major Hospital, Shelbyville, IN.

Woods, A.C.K. (September, 2016). *Early memories as a method of analytic assessment*, presented at the September meeting of the Indiana Society for Psychoanalytic Thought (ISPT), Indianapolis, IN.

Woods, A.C.K. & Stout, B. (July, 2016). *Understanding the emotional response process and eating*, presented to patients diagnosed with diabetes in a Lifesteps dietician group with Major Hospital, Shelbyville, IN.

Woods, A.C.K. (January, 2016). *Anxiety issues in children and adolescents*, presented to parents in a Mothers of Preschoolers (MOPS) group in Shelby County, Waldron, IN.

Woods, A.C.K. & White, M. (June, 2015). *The mental side of retirement: Are you prepared?*, presented to employees and constituents of Major Hospital, Shelbyville, IN.

Woods, A.C.K. (March, 2015). *ADHD expert panel*, participated on a panel of experts answering the questions of parents and adult patients diagnosed with ADHD at Major Hospital, Shelbyville, IN.

Woods, A.C.K. (November, 2014). *When adolescent moodiness is cause for concern: Self-harm and other destructive behaviors*, presented to parents and school teachers in Shelby County, Shelbyville, IN.

Woods, A.C.K. (October, 2014). *Diabetes expert panel*, participated on a panel of experts answering the questions of adult diabetes patients at Major Hospital, Shelbyville, IN.

Woods, A.C.K. (October, 2014). *Social media and your kids: What you need to know*, presented to parents and school teachers in Shelby County, Shelbyville, IN.

Woods, A.C.K. (September, 2014). *ADHD success strategies for parents and teachers*, presented to parents and school teachers in Shelby County, Shelbyville, IN.

Woods, A.C.K. (June, 2010). *Would you like psychotherapy with that? Attitudes toward group versus individual therapy among first-year psychology graduate students*. Doctoral dissertation presented at the Clinical Psy.D. Poster Presentation, The Chicago School of Professional Psychology, Chicago, IL.

Kappos, A.C. (June, 2008). *Time-limited existential therapy*, presented to staff therapists and student trainees at Hartgrove Hospital, Chicago, IL.

Kappos, A.C. (February, 2008). *Hyperactivity: Facts and fallacies*, presented to Chicago Public School teachers and others working with children at Hartgrove Hospital, Chicago, IL.

Kappos, A.C. (September, 2007). *Women's and men's issues*, presented to staff therapists and student trainees at Hartgrove Hospital, Chicago, IL.

Kappos, A.C. (April, 2006). *Eyewitness memory: A comparison of written and verbal misinformation on recall of an observed event*. Senior honors research project presented at the National Conference on Undergraduate Research (NCUR), University of North Carolina, Asheville, NC and the Honors Poster Presentation, University of Evansville, Evansville, IN.

Kappos, A.C. (December, 2005). *The search for truth: The efficacy and implications of police interrogation*. Honors senior thesis presented at the Senior Thesis Poster Presentation, University of Evansville, Evansville, IN.

Kappos, A.C., Gadiant, P., Purdue, C., & Ellis, L. (December, 2004). *The effects of voice inflection on recall and comprehension*. Undergraduate research project presented at the Experimental Psychology Poster Presentation, University of Evansville, Evansville, IN.

PUBLICATIONS

Woods, A.C.K. (2010). *Would you like psychotherapy with that? Attitudes toward group versus individual therapy among first-year psychology graduate students* (Doctoral dissertation). The Chicago School of Professional Psychology, Chicago, IL. (UMI No. 3448306).

Kappos, A.C. (March 2010). Phenomenology of technology, *Lived Experiences: An existential-humanistic newsletter*, 1-2.

Kappos, A.C. (2009). *Would you like psychotherapy with that? Student Health and Wellness Word (a publication of The Chicago School of Professional Psychology)*, 1, 1-5.